

## Morgen

1

2

3

A series of 16 horizontal rounded rectangular boxes, each outlined in green, arranged vertically. The first three boxes contain the numbers 1, 2, and 3 respectively. The remaining 13 boxes are empty.

Middag

1

2

3

## Eftermiddag

1

2

3

12 empty rounded rectangular boxes for notes, corresponding to the numbered list items.